

Annexure - I

Azadi ka Amrut Mahotsav – Planned Activities by College for 75 Weeks		
	Number of Programs@ College level Activity: - 1) Swachh Amrit Mahotsav “Cleanathons” 2) Plantation Drives Set of activities that University/ College will undertake to reach to College in 100th year of Independence	
	Actions @ 75	
	Activity Name	Name of Department
Feb-22	1. Social Justice Day – 20.02.2022	Dept. of Agadatantra
Mar-22	1. International Women’s Day – 08.03. 2022 2. National Vaccination Day – 16.03.2022	Dept. of Kriyasharir Dept. of Balaroga
Apr-22	1. World health Day – 07.04.2022 2. Dr. Babasaheb Ambedkar Jayanti – 14.04.2022	Dept. of Swasthavritta Dept. of NSS
May-22	1. Anti-Tobacco Day – 31.05.2022	Dept. of Shalakyatantra
Jun-22	1. World Environment Day – 05.06.2022 2. MUHS Day – 10.06.2022 3. Blood Donation camp – World Blood Donor Day – 14.06.2022 4. International Yoga Day – 21.06.2022	Dept. of Dravyaguna Dept. of NSS Dept. of Rognidan & Hospital Dept. of Swasthavritta
Jul-22	1. National Doctor’s Day – 01.07.2022 2. Plantation Week – 01.07.2022 to 07.07.2022	Dept. of Agadatantra Dept. of Dravyaguna
Aug-22	1. Breast feeding week – 1.08.2022 to 7.08.2022 2. Independence Day Celebration – 15.08.2022 3. Sadbhavana Din Celebration – 20.08.2022	Dept. of Prasutitantra Dept. of NSS Dept. of NSS
Sep-22	1. Poshan Week – Nutrition Day – 01.09.2022 to 07.09.2022 2. NSS Day – 24.09.2022	Dept. of Balaroga Dept. of NSS
Oct-22	1. Swacchata Pakawada & Gandhi Jayanti Celebration – 02.10.2022 to 17.10.2022 2. National Ayurveda Day – 22.10.2022	Dept. of NSS Dept. of Cultural Activity
Nov-22	1. Diabetes Day – 14.11.2022 2. Constitution Day – 26.11.2022 3. National Organ Day – 27.11.2022	Dept. of Rasashastra & BK Dept. of NSS Dept. of Shatir Rachana

Dec-22	1. AIDS Day – 01.12.2022	Dept. of Panchakarma
Jan-23	1. National Youth Day & Swami Vivekananda Jayanti – 14.01.2023 2. National Girl Child's Day – 24.01.2023 3. Republic Day of India Celebration – 26.01.2023	Dept. of Samhita Siddhant Dept. of Kriyasharir Dept. of NSS
Feb-23	1. World Cancer Day – 04.02.2023	Dept of Shalyatantra
Mar-23	1. World Tuberculosis Day – 24.03.2023	Dept. of Swasthavritta
Apr-23	1. World Health Day – 07.04.2023 2. Dr. Babasaheb Ambedkar Jayanti – 14.04.2023	Dept. of Swasthavritta Dept. of NSS
May-23	1. International Nurse's Day – 12.05.2023 2. Anti-terrorism Day – 21.05.2023	Dept of Shalyatantra Dept. of NSS
Jun-23	1. World Environment Day – 05.06.2023 2. MUHS Day – 10.06.2023 3. Blood Donation camp – World Blood Donor Day – 14.06.2023 4. International Yoga Day – 21.06.2023	Dept. of Dravyaguna Dept. of NSS Dept. of Rognidan & Hospital Dept. of Swasthavritta
Jul-23	1. National Doctor's Day – 01.07.2023 2. Plantation Week – 01.07.2023 to 07.07.2023	Dept. of Agadatantra Dept. of Dravyaguna
Aug-23	1. Breast feeding week – 1.08.2023 to 7.08.2023 2. Independence Day Celebration – 15.08.2022 3. Sadbhavana Din Celebration – 20.08.2022	Dept. of Prasutitantra Dept. of NSS Dept. of NSS




IN CHARGE PRINCIPAL
K. G. Mittal Ayurved College
 Netaji Subhash Road, Marine Drive,
 Next to Taraporewala Aquarium,
 Mumbai - 400 002.

K. G. MITTAL AYURVED COLLEGE MUMBAI

AZADI KA AMRIT MAHOTSAVA

SURYANAMASKARA DAY CELEBRATION

Inbox (4) - drranjeet.sawant@gm... Meet - fbz-pnpd-qus EN English (India)

meet.google.com/fbz-pnpd-qus

Apps Turnitin ijam Paraphrasing Tool JACM Scholars Central Indian Journal of Ph... Homi Bhabha Exam Theory Stationary Monier-Williams Sa... Reading list

Bharat Zinjurke is presenting



मिातल फाऊंडेशन ट्रस्ट
के.जी. मिातल आयुर्वेद कॉलेज
हमारा आयुष हमारा स्वास्थ्य
आजादी का अमृत महोत्सव
स्वतंत्र भारताच्या 75th अमृत महोत्सव
महाराष्ट्र राज्य
डॉ. निलेश नेमाडे
समन्वयक
आजादी का अमृत महोत्सव
डॉ. अजय साळुंके
प्राचार्य
के.जी. मिातल आयुर्वेद कॉलेज
श्री अरुणजी मिातल
सचिव
मिातल फाऊंडेशन ट्रस्ट

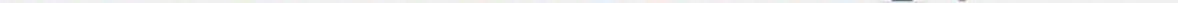
Bharat Zinjurke
Dr. Dnyaneshwar P...
Balaji Sawant
Mangal Kshirsagar
Rajashree Kolarkar
Dr. Rakesh Tiwari
Shrimant Raut
45 others
You

11:54 | fbz-pnpd-qus

11:54 14-01-2022

A screenshot of a Zoom meeting grid with 10 participants. The participants are arranged in a 3x3 grid, with the bottom-right cell empty. The participants are: Bharat Zinjurke (top-left, video on), Dr. Dnyaneshwar ... (top-middle, video on), Suchita Sheth (top-right, profile picture), Balaji Sawant (middle-left, video on), Shrimant Raut (middle-middle, profile picture), Dr. Rakesh Tiwari (middle-right, profile picture), Rupali Tiwari (bottom-left, profile picture), 47 others (bottom-middle, profile picture), and You (bottom-right, profile picture). Each participant's tile includes a mute icon in the top-right corner.

11:29 | fbz-pnpd-qus          



 **Bharat Zinjurke is presenting**



मि़तल फ़ाउंडेशन ट्रस्ट

के.जी. मि़तल आयुर्वेद कॉलेज



हमारा आयुष हमारा स्वास्थ्य

75

आज़ादी का अमृत महोत्सव

आज़ादी का अमृत महोत्सव

आज़ादी का अमृत महोत्सव

स्वतंत्र भारताच्या 75th अमृत महोत्सव

॥ महाराष्ट्र राज्य ॥




डॉ. निलेश नेमाडे

समन्वयक

आजादी का अमृत महोत्सव

डॉ. अजय साळुंके

प्राचार्य

के.जी. मि़तल आयुर्वेद कॉलेज

श्री अरुणजी मि़तल

सचिव

मि़तल फ़ाउंडेशन ट्रस्ट

 Bharat Zinjurke	 Dr. Dnyaneshwar P...	 Balaji Sawant
 Mangal Kshirsagar	 Rajashree Kolarkar	 Dr Rakesh Tiwari
 Shrimant Raut	 42 others	 You

11:59 | fbz-pnpd-qus



 **Bharat Zinjurke is presenting**



के.जी. मित्रल आयुर्वेद कॉलेज



मित्रल फाउंडेशन ट्रस्ट

हमारा आयुष हमारा स्वास्थ्य

75
आज़ादी का
अमृत महोत्सव

आज़ादी का अमृत महोत्सव

स्वतंत्र भारताच्या 75th अमृत महोत्सव

महाराष्ट्र राज्य

डॉ. निरुष नेमाडे
समन्वयक
आज़ादी का अमृत महोत्सव

डॉ. अजय साळुंके
प्राचार्य
के.जी. मित्रल आयुर्वेद कॉलेज

श्री अरुणजी मित्रल
सचिव
मित्रल फाउंडेशन ट्रस्ट



NCISM
National Commission for
Indian System of Medicine

11:54 | fbz-pnpd-qus



Inbox (2) - drranjeet.sawant@gm... Meet - fbz-pnpd-qus EN English (India)

meet.google.com/fbz-pnpd-qus

Apps Turnitin ijam Paraphrasing Tool JACM Scholars Central | In... Indian Journal of Ph... Homi Bhabha Exam Theory Stationary Monier-Williams Sa... Reading list

Bharat Zinjurke is presenting

Suryanamaskar



Paadahastasan



Bharat Zinjurke

Dr. Dnyaneshwar P...

Suchita Sheth

Balaji Sawant

Rajashree Kolarkar

Mangal Kshirsagar

Shrimant Raut

46 others

You

11:43 | fbz-pnpd-qus

56

11:43 14-01-2022

41 Sneha singh has left the meeting

12:07 | fbz-pnpd-qus        53   

Inbox (5) - drranjeet.sawant@gm... Meet - fbz-pnpd-qus EN English (India)

meet.google.com/fbz-pnpd-qus

Apps Turnitin ijam Paraphrasing Tool JACM Scholars Central Indian Journal of Ph... Homi Bhabha Exam Theory Stationary Monier-Williams Sa... Reading list

Bharat Zinjurke is presenting

|| शान्ति पाठ ||

ॐ द्यौ शान्तिरन्तरिक्षः शान्तिः पृथ्वी
शान्तिरापः शान्तिः रोषधयः शान्तिः ।
वनस्पतयः शान्तिर्विश्वे देवाः
शान्तिब्रह्मा शान्तिः सर्वः शान्तिः
शान्तिरेव शान्तिः सा मा शान्तिरेधि ॥
ॐ शान्तिः शान्तिः शान्तिः ॐ

Bharat Zinjurke

Dr. Dnyaneshwar P...

Balaji Sawant

50-shubham Yadav

Rajashree Kolarkar

Ritika 12

Shrimant Raut

44 others

You

12:12 | fbz-pnpd-qus

12:12 14-01-2022



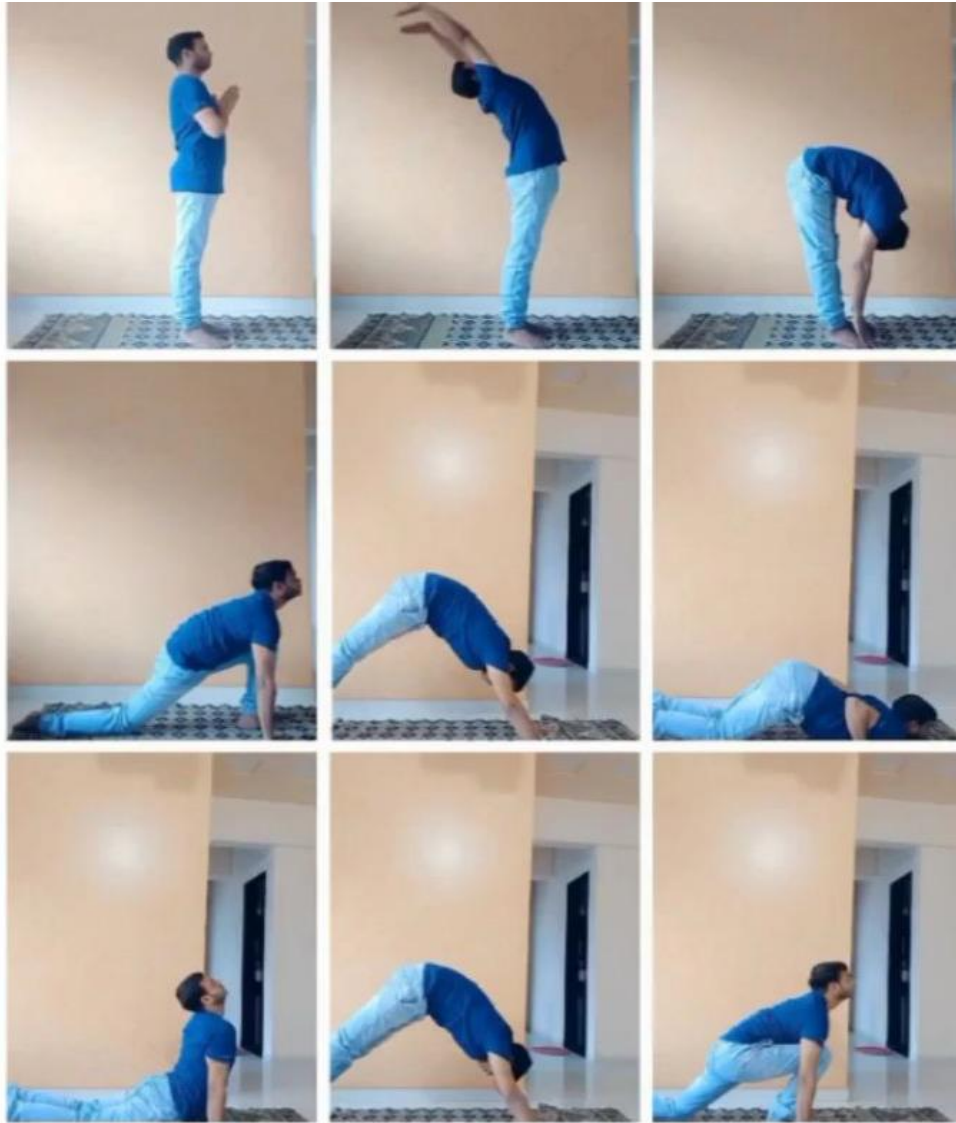
Dhanvantari Stavana, on the occasion of Suryanamasakara for Vitality Program – 14th Jan 2022







Samsung Triple Camera
Shot with my Galaxy M30s











अष्टनमस्कार आसान



अश्व संचालन आसान



K. G. MITTAL AYURVED COLLEGE MUMBAI
AZADI KA AMRIT MAHOTSAVA
WORLD SOCIAL JUSTICE DAY CELEBRATION

Inbox (4,325) - drrakhi2@gmail.c x Google Meet x Meet - skn-ijye-vht x EN English (India)

meet.google.com/skn-ijye-vht?pli=1&authuser=0

36_5D_Srishti Basu is presenting

Vishaka guidelines/POSH Act

Dr. Shaswati S. Sarkar (Basu)
Mob: 9869159631

12:21 PM | skn-ijye-vht

64

12:21 28-02-2022

Inbox (4,325) - drrakhi2@gmail.c x Google Meet x Meet - skn-ijye-vht x EN English (India)

meet.google.com/skn-ijye-vht?pli=1&authuser=0

In-call messages

Let everyone send messages

Messages can only be seen by people in the call and are deleted when the call ends.

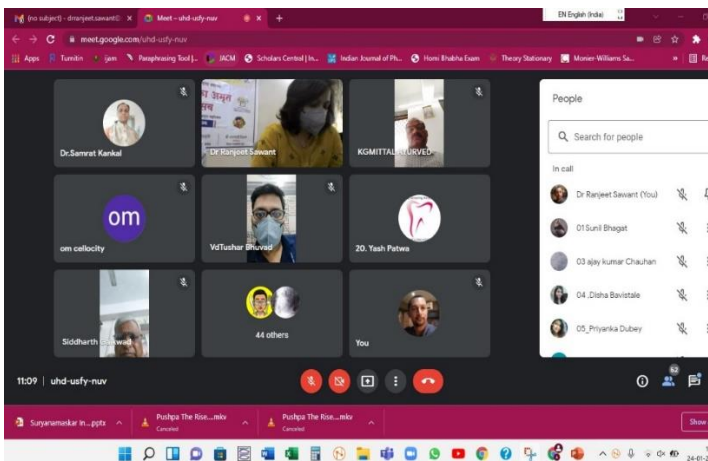
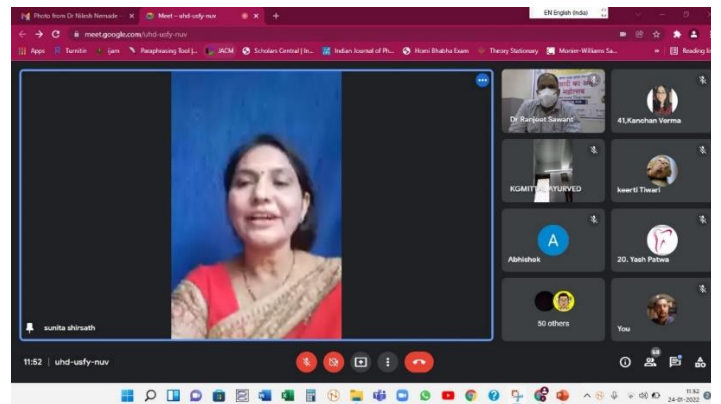
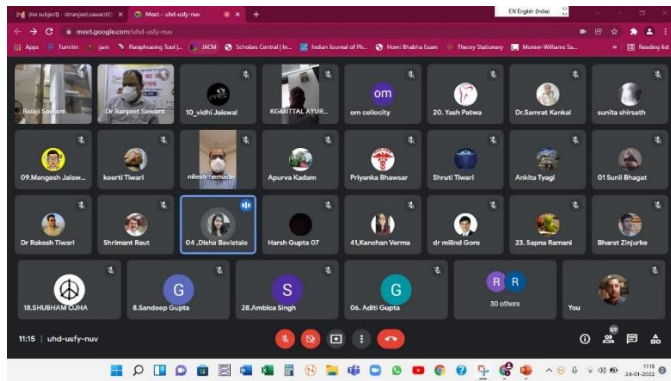
Ankit Sahu 35 1:03 PM
Doctors pe false accusations hua to kaise Bach sakte hai while practicing

Send a message to everyone

1:04 PM | skn-ijye-vht

49

13:04 28-02-2022



MITTAL FOUNDATION TRUST'S
K G MITTAL AYURVED COLLEGE

आजादी का अमृत महोत्सव

KRIYA SHARIR DEPARTMENT

एवं

PARIVARTAN COUNCIL
CELEBRATING INTERNATIONAL

WOMEN'S DAY

***"GENDER EQUALITY TODAY FOR A SUSTAINABLE
TOMORROW"*** SPEAKER'S OF THE PROGRAMME:

- 1) PRINCIPAL VD. AJAY SALUNKE
- 2) VICE PRINCIPAL VD. KSHIRSAGAR M.V
- 3) VD. SHIRSATH S.D
- 4) VD. KOLARKAR R. R.
- 5) VD. KHANDARE D. P.



मित्तल फाउंडेशन ट्रस्ट

के.जी. मित्तल आयुर्वेद कॉलेज



हमारा आयुष हमारा स्वास्थ्य



**आजादी का अमृत
महोत्सव**



स्वतंत्र भारताच्या 75th अमृत महोत्सव

|| महाराष्ट्र राज्य ||



डॉ. निलेश नेमाडे
समन्वयक
आजादी का अमृत महोत्सव

डॉ. अजय साळुंके
प्राचार्य
के.जी. मित्तल आयुर्वेद कॉलेज

श्री अरुणजी मित्तल
सचिव
मित्तल फाउंडेशन ट्रस्ट

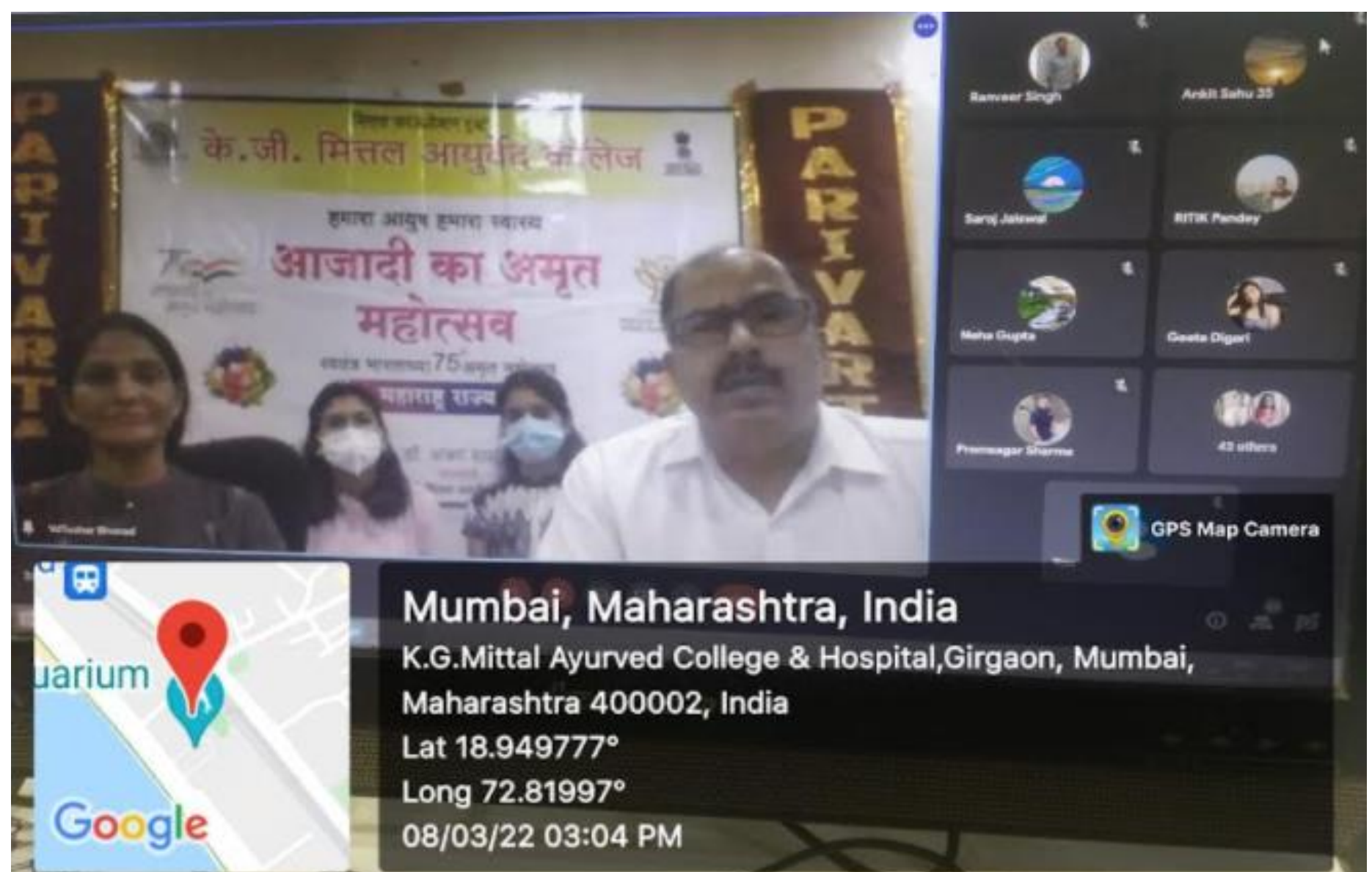
Kriya sharir Department

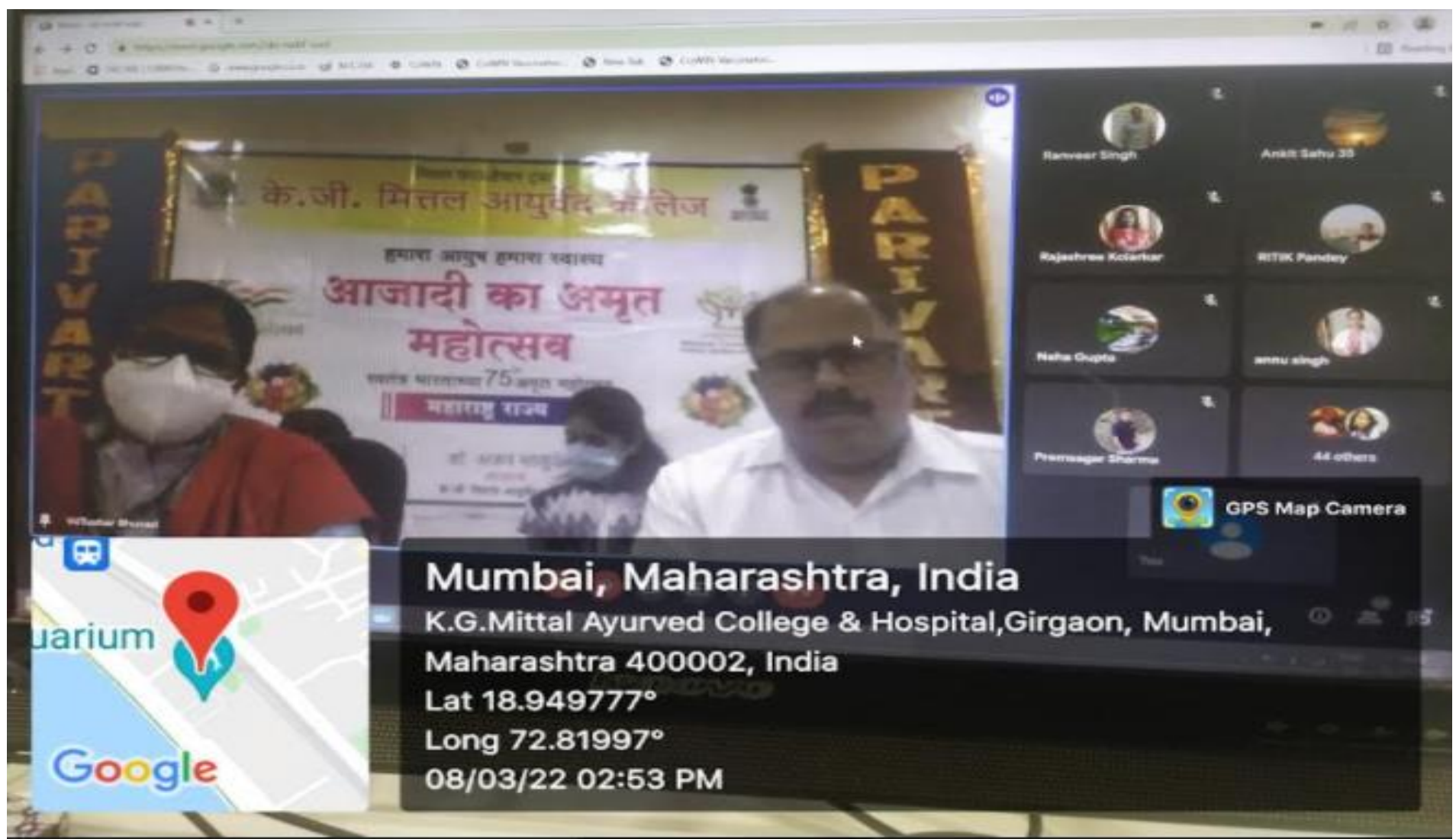
and

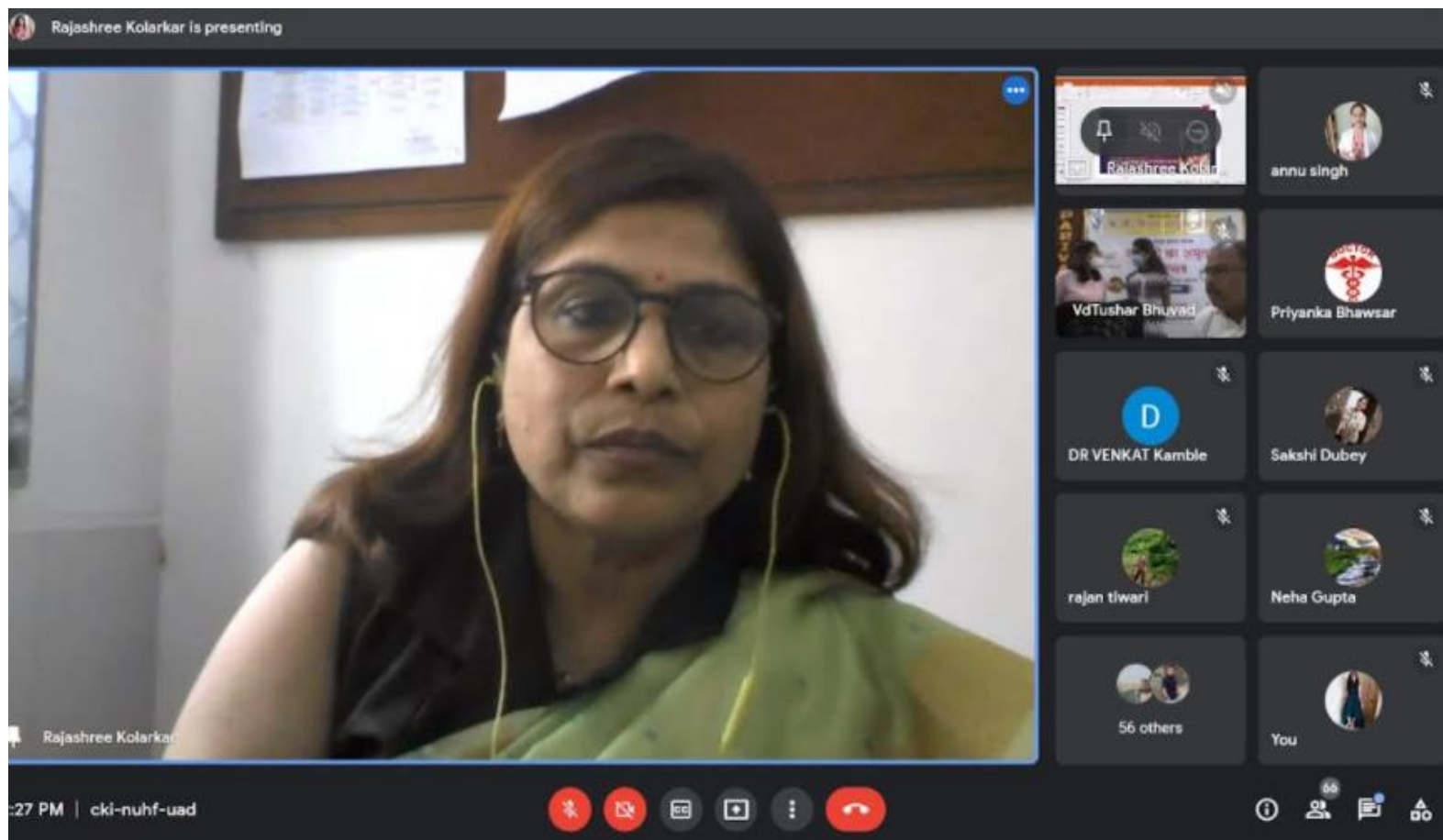


Celebrating

INTERNATIONAL WOMEN'S DAY 2021-22







K. G. MITTAL AYURVED COLLEGE MUMBAI
AZADI KA AMRIT MAHOTSAVA
TRANSITIONAL CURRICULUM 2022









Inbox (10,484) - drjadhavsahab... Meet - National immunizati... EN English (India)

meet.google.com/inm-zsxd-myi?pli=1

Sahebrao Jadhav is presenting



RITIK Pandey ASHOK MORE

Suresh Chaud... Dr.Samrat Kankal sneha jauhari

Kori Abhi 40 others You

14:18 | National immunization day celebration

36°C Smoke 14:18 23-03-2022

Inbox (10,484) - drjadhavsahab... Meet - National immunizati... EN English (India)

meet.google.com/inm-zsxd-myi?pli=1

Sahebrao Jadhav is presenting

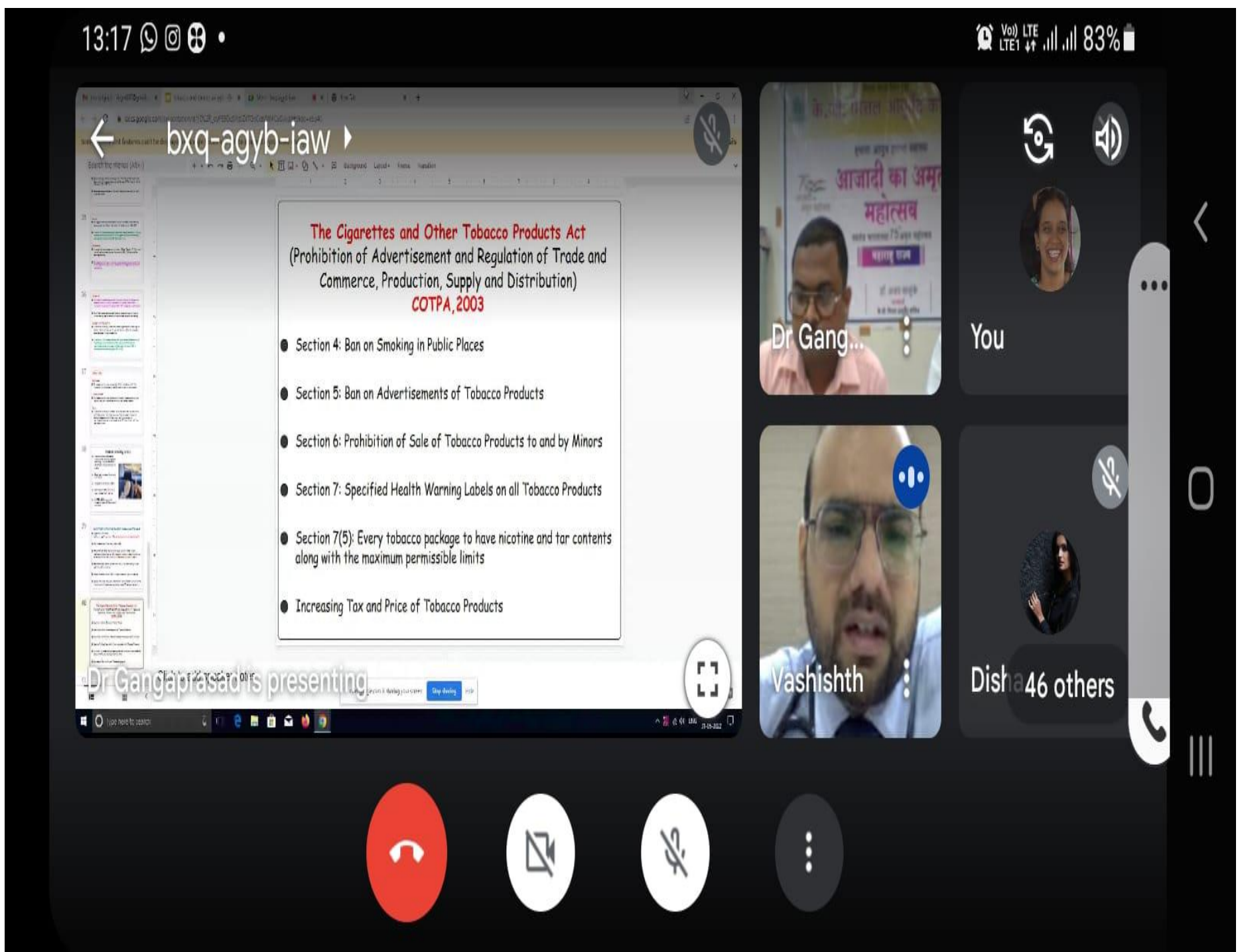
National Vaccination Day 2022

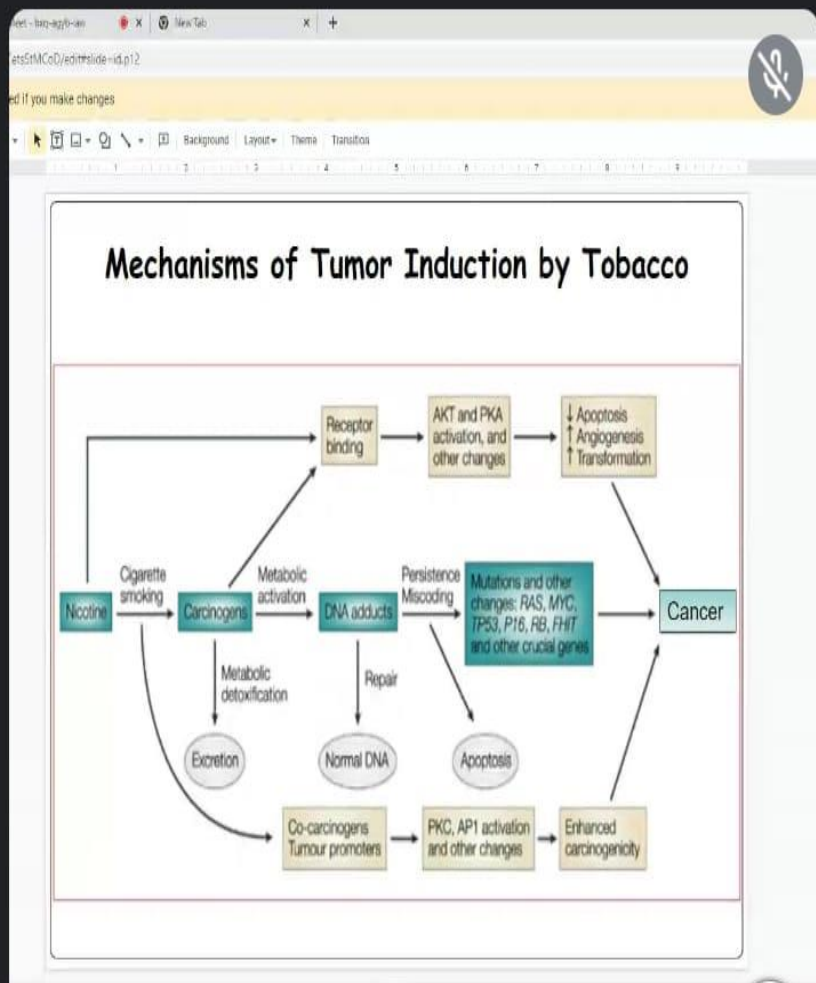
- Observed on **March 16** every year
- Aim:
 - Convey the significance of vaccination as well as its role in public health
 - Creates awareness and sends the message that how vaccination or immunization is the most effective way of **preventing highly infectious and life threatening diseases**.
 - Vaccines save almost **2 to 3 million** people every year
- Also of a **certain significance amid the COVID-19 pandemic** against which vaccine has come out to be the only solution of preventing the deadly disease.

14:17 | National immunization day celebration

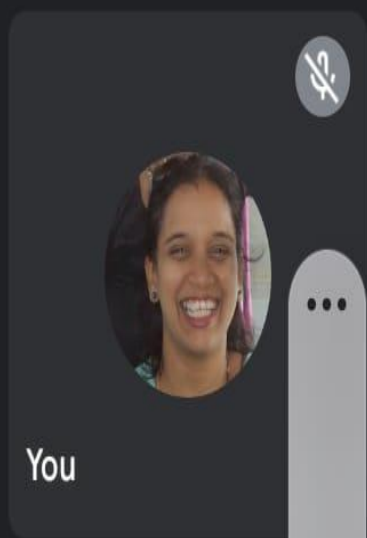
36°C Smoke 14:17 23-03-2022

K. G. MITTAL AYURVED COLLEGE MUMBAI
AZADI KA AMRIT MAHOTSAVA
WORLD ANTI -TOBACCO DAY CELEBRATION

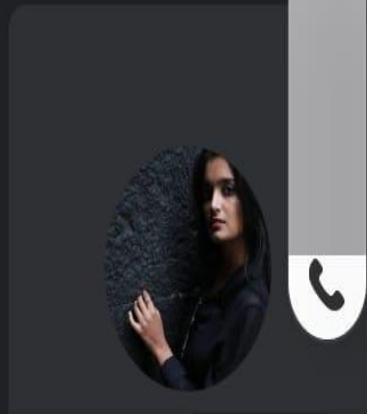




Dr Gangaprasad



You



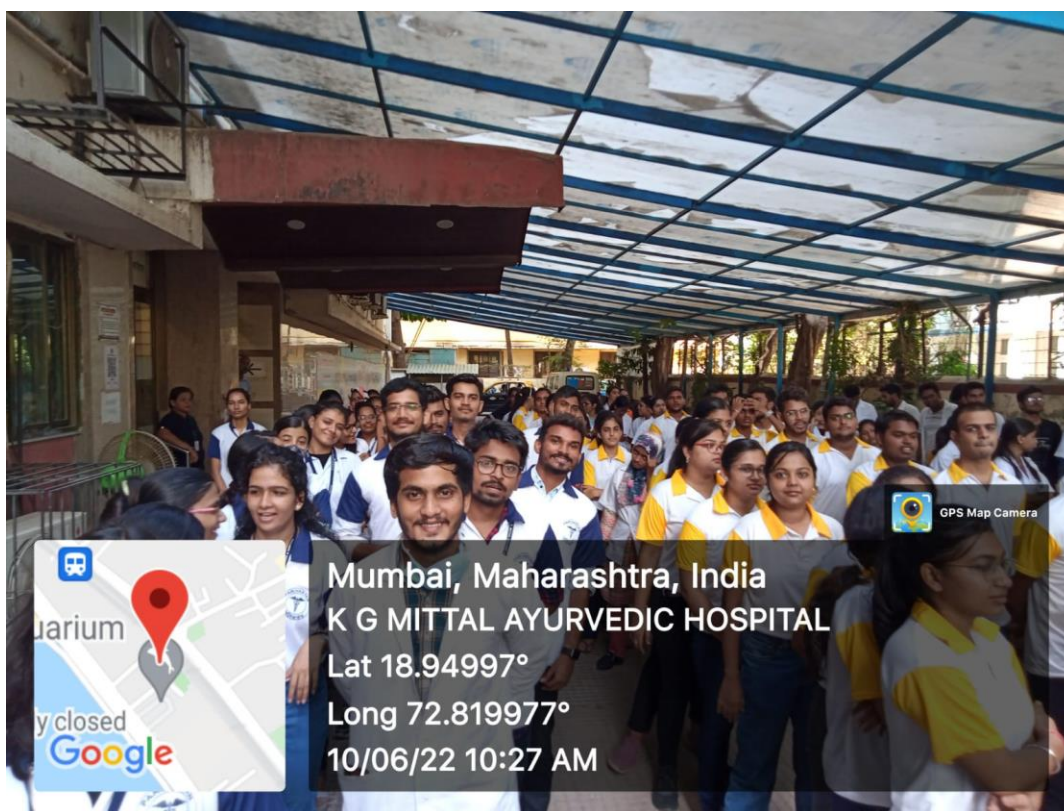
Dolly Pasi joined



K. G. MITTAL AYURVED COLLEGE MUMBAI

AZADI KA AMRIT MAHOTSAVA

MUHS FOUNDATION DAY 2022

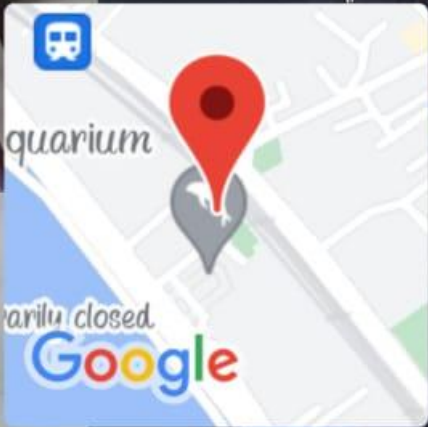


K. G. MITTAL AYURVED COLLEGE MUMBAI

AZADI KA AMRIT MAHOTSAVA

आंतरराष्ट्रीय योग दिन





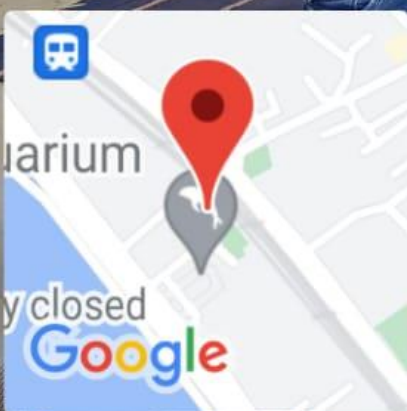
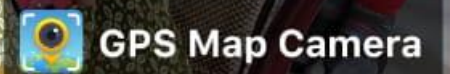
Mumbai, Maharashtra, India

Netaji Subhash Road, Charni Road West, WRXC+X28, near Government Printing Press, Girgaon, Mumbai, Maharashtra 400002, India

Lat 18.949939°

Long 72.820093°

17/06/22 02:32 PM



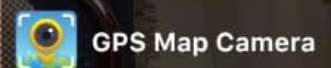
Mumbai, Maharashtra, India

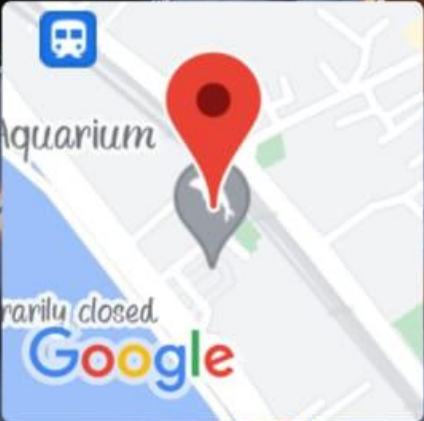
Netaji Subhash Road, Charni Road West, WRXC+X28, near Government Printing Press, Girgaon, Mumbai, Maharashtra 400002, India

Lat 18.949998°

Long 72.820077°

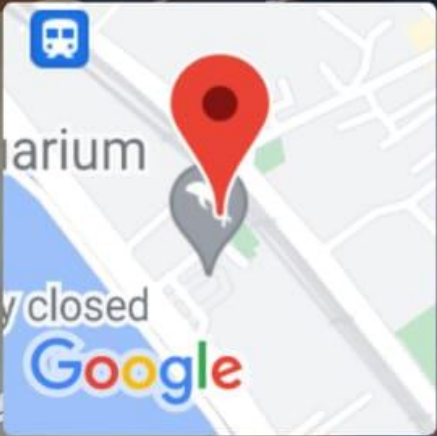
17/06/22 10:06 AM





Mumbai, Maharashtra, India
Vaidyaraj Ramgopal Sharma, WRXC+X23, Girgaon, Netaji Subhash Chandra Bose Rd, Nana Chowk, Girgaon, Mumbai, Maharashtra 400002, India
Lat 18.949936°
Long 72.82001°
20/06/22 10:38 AM

 GPS Map Camera



Mumbai, Maharashtra, India

Netaji Subhash Road, Charni Road West, WRXC+X28, near Government Printing Press, Girgaon, Mumbai, Maharashtra 400002, India

Lat 18.94992°

Long 72.820127°

21/06/22 10:22 AM



GPS Map Camera



Mumbai, Maharashtra, India

XR28+RGR, Mumbai, Maharashtra 400004, India

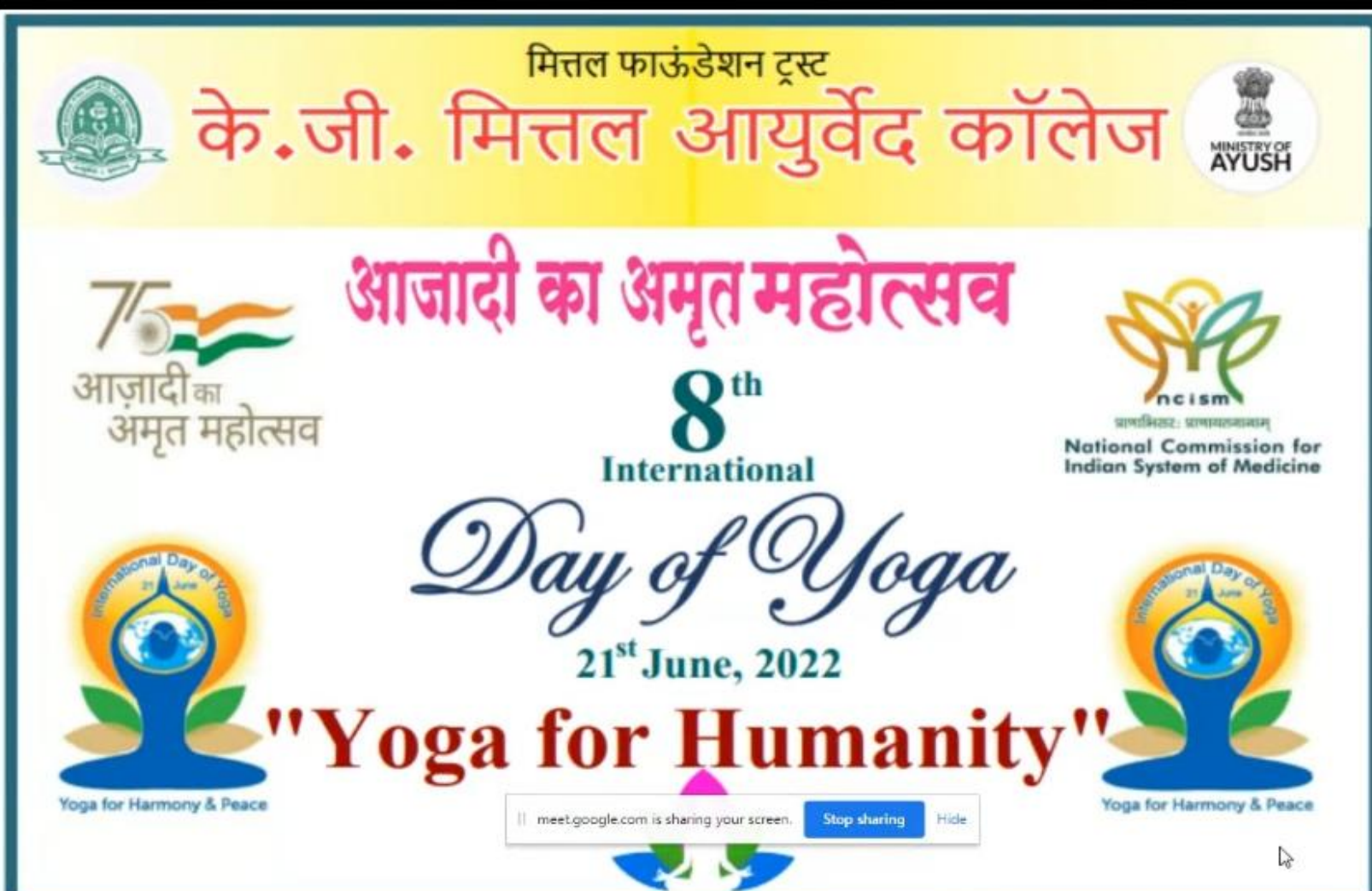
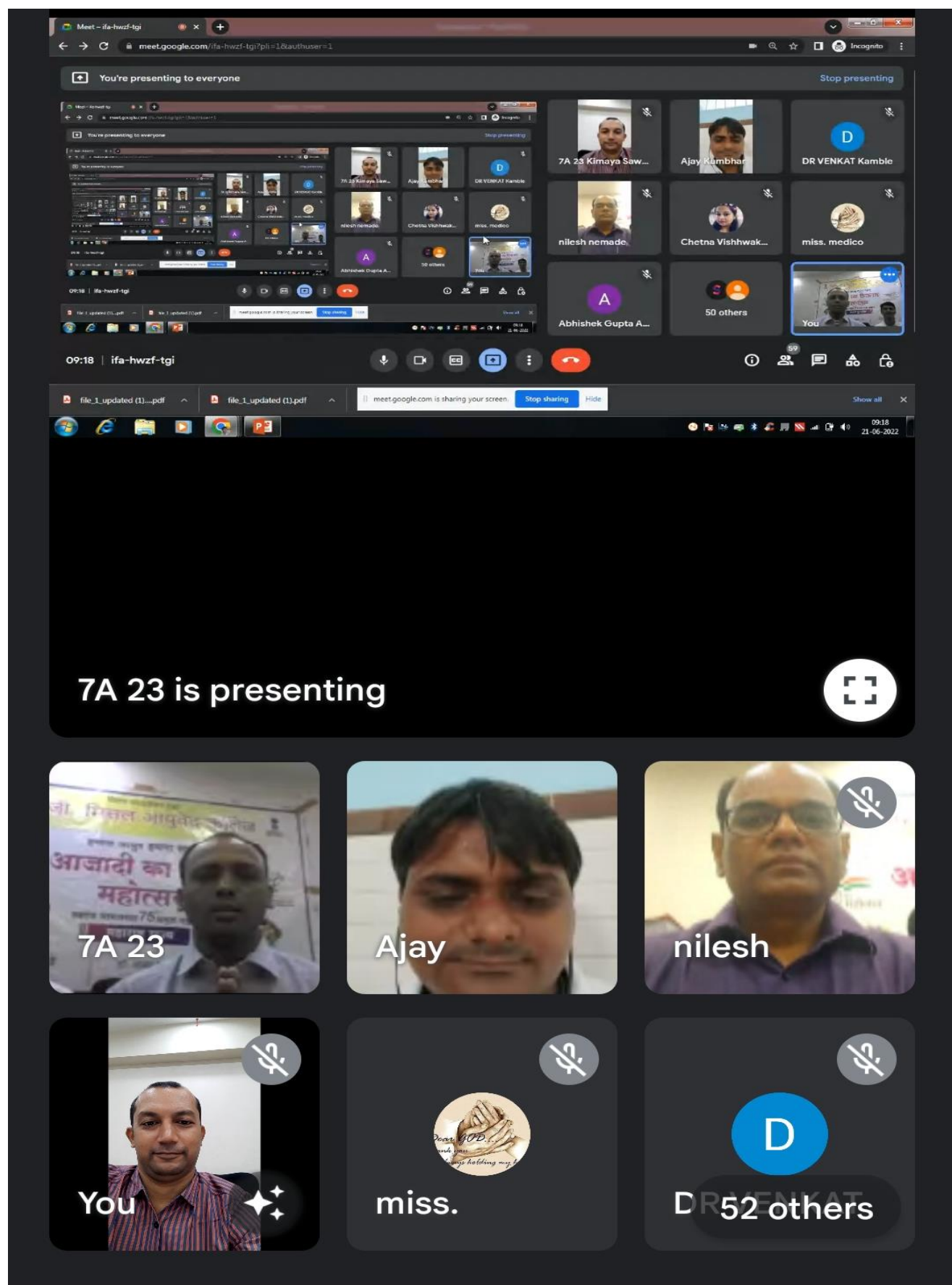
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Long 72.816809°

21/06/22 11:49 AM



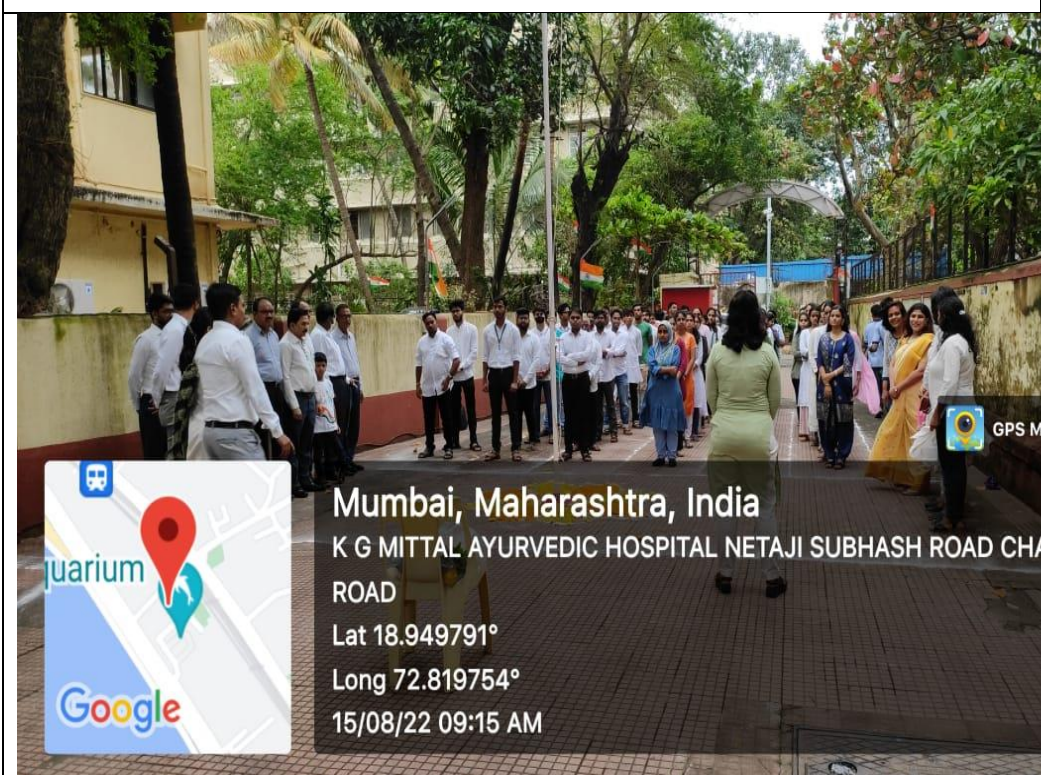
GPS Map Camera



K. G. MITTAL AYURVED COLLEGE MUMBAI

AZADI KA AMRIT MAHOTSAVA

HAR GHAR TIRANGA CELEBRATION









K. G. MITTAL AYURVED COLLEGE MUMBAI
AZADI KA AMRIT MAHOTSAVA
HAR DIN HAR GHAR AYURVED CELEBRATION PHOTOS



**Vd. Bharat Zinjurke Speech on Ayurveda diet for Healthy Progeny in R A Podar College, Worli
Mumbai**



Vd. Sahebrao Jadhav Medical checkup VPMS, Primary School, Vile Parle Mumbai

K. G. MITTAL AYURVED COLLEGE MUMBAI
AZADI KA AMRIT MAHOTSAVA
NATIONAL AYURVEDA DAY CELEBRATION 2022



K. G. MITTAL AYURVED COLLEGE MUMBAI

AZADI KA AMRIT MAHOTSAVA

GANDHI JAYANTI CELEBRATION

January Activities (Swacchhta Mohim)



February Activities (Road show on Gandhiji's Life)



March Activities (Rally on cleanliness awareness)



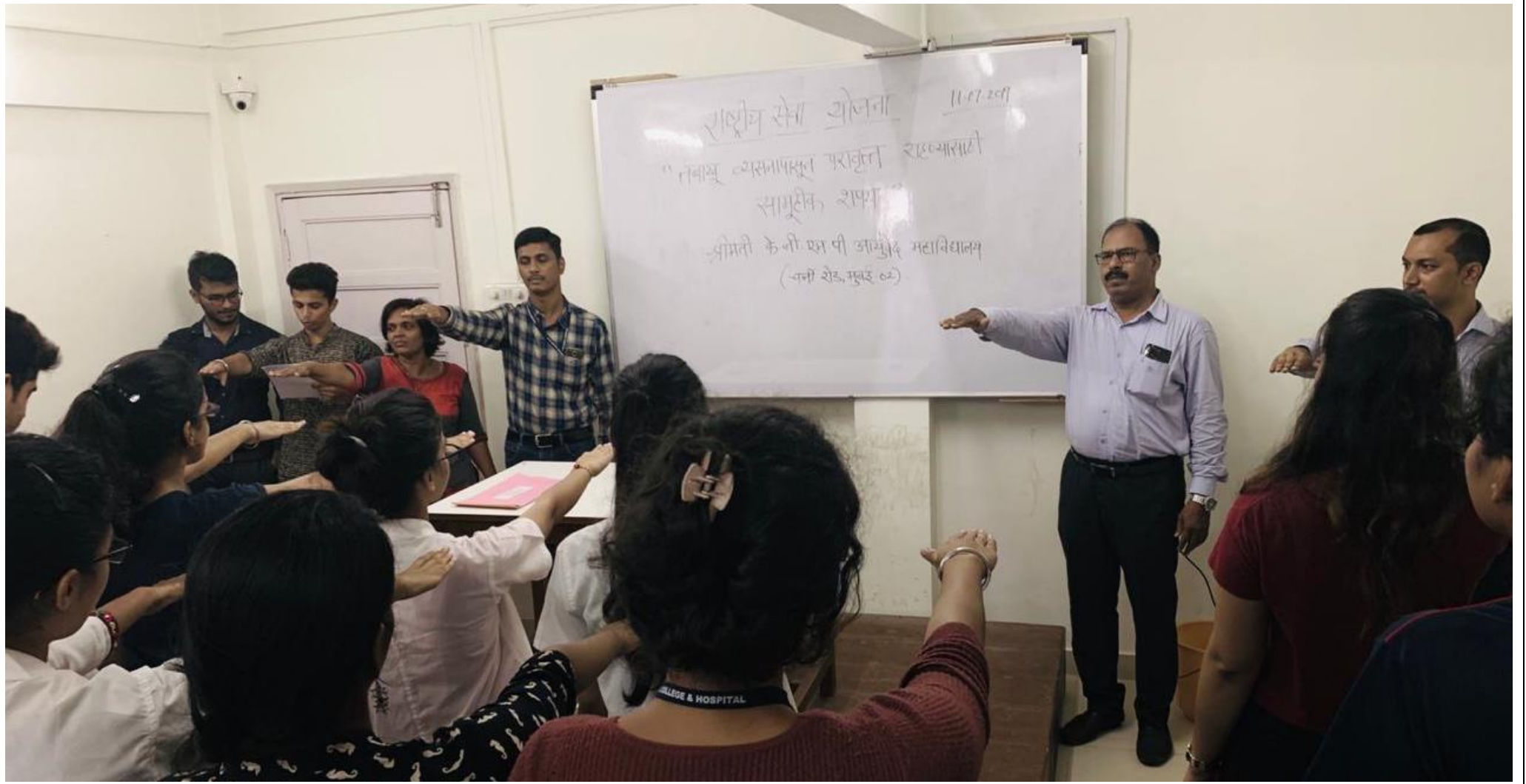
April Activities (Awareness lectures to students Ahmisa and Satya)



June (Essay Writing on Mahatma Gandhi thought)



July Activities (Tobacco addiction awareness)



K. G. MITTAL AYURVED COLLEGE MUMBAI

AZADI KA AMRIT MAHOTSAVA

ORGAN DONATION AWARENESS ACTIVITY



K. G. MITTAL AYURVED COLLEGE MUMBAI

AZADI KA AMRIT MAHOTSAVA

AIDS AWARENESS DAY CELEBRATION 2022

